

SUBSTANCE USE SERVICES FOR ADULT CRIMINAL JUSTICE CLIENTS

The terms listed are for use by all substance abuse providers and criminal justice entities in referring criminal justice system clients to substance abuse services provided in Nebraska.

LEVEL OF CARE (LOC): General category that includes several similar types of services.

Substance Abuse Services: The specific service name that more specifically identifies the type of actual substance abuse service a client will receive.

Adult: Age 19 and above.

NOTE: Not all of these services are available in Nebraska; some services may be available in some areas but not in others. This service array is intended to be a balanced array of substance abuse services that could meet various needs at different levels of severity.

LOC: EMERGENCY SERVICES

(very short term, unscheduled service availability in time of crisis in a variety of settings)

Crisis Phone Line	Clinician on-call for early intervention/screening/referral; available 24/7.
Mobile Crisis / Crisis Response Teams	Teams of professional and/or paraprofessionals that offer on-site screening usually in the home; brief interventions to stabilize the crisis and refer for SA Crisis/Crisis Respite or other appropriate service, and a thorough SA evaluation; available 24/7; includes access to a LADC.
SA Emergency Shelter or SA Respite	Residential or home based service for a short term placement of a individual in a substance abuse crisis; most clients are not intoxicated but program has capability to supervise alcohol/drug social setting detoxification (non-medical); length of stay varies by legal status, but emphasis is very short term (less than 7 days); 24/7 availability of on-site clinically managed and monitored services as needed; client is medically stable; very limited nursing coverage/can be on-call.
Emergency Community Support	Support service for persons once a MH or SA crisis has been stabilized; 1:1 staff to client work to ensure client focuses on relapse and recovery mgmt, and skill teaching, assistance with housing, ensure attendance at medical appointments or SA non-residential treatment services; coordination of a care plan; coordinating services, transportation; 24/7 on call; service is very short term; often provided concurrently with another SA service to ensure client stays connected with services; LoS varies but not longer than 30-90 days.
Emergency Stabilization & Treatment	Service to stabilize acute withdrawal and/or intoxication symptoms and return person to independent living in the community or engage & refer the person to a recovery program; supportive services therapy, brief SA assessment, primary clinical treatment for substance abuse disorder implemented, and coordination of services to help the client alleviate a substance abuse crisis; LoS varies but not longer than 14 days; on site clinically managed and monitored; medically stable; limited nursing coverage.
Social Detox	Residential service for the short term placement for an adult needing alcohol/drug detoxification (non-medical); length of stay varies but usually not more than 5-7 days depending on the drugs involved; 24/7 on-site availability of clinically managed and monitored; medically stable; limited nursing coverage.
Medical Detox	24-hr medically supervised alcohol/drug detoxification where severe medical issues are involved; 24/7; medical staff coverage.
Emergency Protective Custody (EPC)	Crisis Center services provided in a medical facility to stabilize a person in psychiatric and/or substance abuse crisis; clinically managed detox with legal hold; 24/7; admission on involuntary basis by EPC legal hold because of alleged dangerousness to self or others; generally 7 day or less stay to stabilize, begin emergency treatment & referral to most appropriate service to meet client's need; LoS not longer than 7 days, or if the client is on an EPC hold may continue to a commitment hearing.
Civil Protective Custody (CPC)	Residential services; 24 hr legal hold to keep someone involuntarily in a social detox service.

LOC: ASSESSMENT SERVICES

(screening and evaluation tools used to determine the level of a SA problem & make appropriate service

Screening	General screening by provider to identify a substance abuse problem and refer for a complete SA assessment, early intervention or treatment; includes screen for mental health and gambling issues. <u>Criminal Justice referrals will have had an SSI screen done by criminal justice system staff.</u>
Emergency SA Evaluation	SA evaluation needed on an unscheduled basis and completed <u>within 24 hours of request</u> ; <i>all evaluations completed for justice clients must be completed by a clinician licensed by the State of Nebraska to assess and treat substance abuse problems and who has completed the Standardized Model requirements and state approved ASI and criminal justice behaviors/thinking training; available from any state licensed SA service provider</i> ; <u>Evaluation/Assessment Tool Required:</u> Addiction Severity Index (ASI); <u>Approved State Reporting Format:</u> SA Evaluation/Assessment results are required to be provided in the state approved reporting format only.
SA Evaluation	<i>All SA evaluations completed for justice clients must be completed by a clinician licensed by the State of Nebraska to assess and treat substance abuse problems and who has completed the Standardized Model requirements and state approved ASI and criminal justice behaviors/thinking training; available from any state licensed SA service provider</i> ; <u>Evaluation/Assessment Tool Required:</u> Addiction Severity Index (ASI); <u>Approved State Reporting Format:</u> SA Evaluation/Assessment results are required to be provided in the state approved reporting format only.

LOC: NON-RESIDENTIAL SERVICES

(least intensive services based on clinical need offered in a variety of community settings; client lives independently)

NOTE: Persons MUST be psychiatrically and medically stable to be admitted to the non-residential services.

NON-RESIDENTIAL SERVICES: A range of services for persons at risk of developing, or who have substance abuse problems, specific functional deficits, problems with intoxication or withdrawal, but few biomedical complications. Clients may have significant deficits in the areas of readiness to change, relapse, continued use or continued problem potential or recovery environment, and thus is in need of interventions directed by licensed addiction specialists rather than medical or psychiatric personnel in a variety of non residential settings. Level 1 is the most intensive and Level 5 is the least intensive service in this level of care.

Lv 5 Prevention and Education	Education and other activities designed to prevent abusing substances.
Lv 5 Intervention	Intervention counseling and education for persons experimenting or currently using substances but who are NOT abusing or dependent; staff supervised EDUCATION programs are very structured with a specific outcome for the client; LoS varies (i.e., minimally one staff supervised 6 or 8 hr class; other options might include eight one-hour sessions, 3-4 four-hour sessions, or other); includes support group or self help referrals.
Lv 5 Methadone Maintenance	Administration of methadone medication to enable an opiate addicted person to be free of heroin; methadone replacement for heroin is a lifetime maintenance program; counseling therapy interventions are included in the service.
Lv 5 Care Monitoring SA/MH	Monitoring service designed for persons eligible under the definition for Community Support Mental Health or Substance Abuse, who have made significant progress in recovery and stable community living, or for those clients unwilling to accept the more intensive and rehabilitative community support service; this service monitors a client's progress in community living, provides crisis/relapse intervention/prevention as needed, provides oversight and follow-up functions as identified in the client's monitoring plan (i.e., services, appointments, reminders), and intervenes to protect current gains and prevent losses or decompensation/relapse; contact with client as needed.
Lv 4 Outpatient Counseling	Individual and/or group counseling/therapy by a clinician licensed in Nebraska to treat substance use disorders that disrupt a client's life; treatment focus is on changing behaviors, modifying thought patterns, coping with problems, improving functioning, and other services to achieve successful outcomes and prevent relapse. LoS varies depending on individual illness and response to treatment (i.e., may average 10-12 sessions at 1-4 hrs per week but treatment frequencies and duration will vary); includes brief therapy model (3-5 sessions); group therapy sessions include approx 3-8 persons; family counseling is included.
Lv 3 Community Support	Support for a persons with chemical dependency and functional deficits; 1:1 staff to client support (face to face) in residence or other non-office location to ensure client focus on rehabilitating his/her social and relationship skills; aiding client in use of appropriate coping skills; active relapse and recovery mgmt and skill teaching; provides client advocacy; assistance with housing, accessing transportation, and a variety of other case management activities; ensure attendance at medical appointments or SA non-residential treatment; coordination of a care plan and services; 24/7 on call availability of community support worker; often provided concurrently with another non-residential SA non-residential service.
Lv 2 Intensive Outpatient Counseling	Intensive group and individual counseling for persons with substance abuse disorders or chemical dependence; counseling provided by a clinician licensed in Nebraska to treat substance abuse disorders; offered in day or evening, before or after work; more intensive than Outpatient Therapy and less intensive than Partial Care; service includes a combination of group sessions 3-5 times/week plus individual sessions 1-3 hrs/week; total services to the client averages 10-15 hours per week; hours per week are tapered to a prescribed schedule or client need as the client transitions to the less intensive Outpatient Therapy or other service; LoS varies with individual response to treatment but the intensity of the service averages 5-6 weeks in duration.
Lv 1 Partial Care	Very intensive day treatment program by clinician licensed in Nebraska to treat substance abuse disorders for clients with substance abuse or dependence problems; medical backup; includes individual and group counseling and medication monitoring services; services are provided 5 days per week at 6-8 hours of daily including a minimum of 4 hrs daily of primary SA treatment; LoS varies but average is 5-6 weeks; highest intensity, non-residential service.

LOC: RESIDENTIAL SERVICES

(treatment services provided in a 24 hr community based residential setting)

NOTE: Persons MUST be psychiatrically and medically stable to be admitted to the residential services.

CLINICALLY MANAGED RESIDENTIAL SERVICES: An array of residential services for persons who need a structured, safe living environment to develop recovery skills; have specific functional deficits; minimal problems with intoxication or withdrawal and few biomedical complications; client may have significant deficits in the areas of readiness to change, relapse, continued use or continued problem potential or recovery environment, and thus is in need of interventions directed by addiction specialists rather than medical or psychiatric personnel. Level 1 is the most intensive and Level 3 is the least intensive service in this level of care.

Lv 3 Halfway House	CLINICALLY MANAGED, LOW INTENSITY: Non-medical transitional residential program for persons who as with chemical dependency or substance abuse disorder who are successfully moving from more intensive treatment to independent living and seeking to re-integrate into the community; structured living environment and semi-structured activities designed to develop recovery living and relapse prevention skills; assistance in maintaining or accessing employment and developing the skills necessary for an independent life free from substance abuse outside of residential treatment; service has capacity to address mental health issues; counseling is provided by a clinician licensed in Nebraska to treat substance abuse disorders; LoS varies but is usually not longer than 3-6 months.
Lv 2 Therapeutic Community	CLINICALLY MANAGED, MEDIUM INTENSITY: Non-medical transitional residential treatment for persons with chemical dependency; treatment includes psychosocial skill building through a longer term, highly structured set of peer oriented activities incorporating defined phases of progress; services include individual and group counseling/therapy, relapse prevention, education, vocational and skill building; service has the capacity to address mental health issues; counseling is provided by a clinician licensed in Nebraska to treat substance abuse disorders; program is staff secure; LoS varies but is usually not longer than 10-18 months.
Lv 2 Dual Residential (MH/SA)	CLINICALLY MANAGED, MEDIUM-HIGH INTENSITY: Non-medical, simultaneous, integrated substance abuse and mental health residential treatment for persons with co-occurring primary chemical dependence AND primary major mental illness (schizophrenia, bi-polar, major depression, major psychosis); structured, supervised service includes addiction recovery counseling & activities, medication management and education, and psychosocial rehabilitation services; focus on mental functioning, not psychiatric care; staff include dually credentialed clinicians (LADC/LMHP) and/or both LMHPs and LADCs; LoS varies but is usually not longer than 4-8 months.
Lv 2 Extended Residential	CLINICALLY MANAGED, MEDIUM-HIGH INTENSITY: Non-medical longer term, medium intensity residential service for chronic chemically dependent persons who are at a high risk for relapse and/or potential harm to self or others; clients have significant deficits in ability to perform activities of daily living and/or cognitive deficits; counseling is provided by a clinician licensed in Nebraska to treat substance abuse disorders; program is staff secure; LoS ranges from 8-24 months; service has capability to address mental health issues.
Lv 1 Short Term Residential	CLINICALLY MANAGED, HIGH INTENSITY: Non-medical residential community treatment for persons with a primary chemical dependency, an entrenched dependency pattern of usage and an inability to remain drug-free outside of a 24 hr care; highly structured, intensive, shorter term comprehensive addiction recovery service including individual, group counseling/therapy and relapse prevention; medication monitoring; service has the capacity to address mental health issues; counseling is provided by a clinician licensed in Nebraska to treat substance abuse disorders; program is staff secure; LoS varies but is usually not longer than 14-30 days.