



Probation Service Definition

ADMINISTRATIVE OFFICE OF THE COURTS & PROBATION

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| SERVICE NAME | Ecological In-Home Family Treatment (EIHFT) <input type="checkbox"/> Adult <input checked="" type="checkbox"/> Juvenile |
| Category | Non-treatment |
| Setting | Home Based |
| Facility License | Licensure is not required for this service |
| Service Description | <p>The Ecological In-Home Family Treatment (EIHFT) Model is a strength-based in-home and community-based intervention designed to reduce youth and family risk factors contributing to delinquent behaviors while increasing youth and family protective factors. The service is designed to work with both youth and families to enhance and improve their functioning in the home and community. Services are designed to:</p> <ul style="list-style-type: none"> • Address behavioral problems of youth • Improve family functioning and stability • Increase youth and community safety <p>This service is utilized for youth between the ages of 12-17 with extensive family-related risk factors. The EIHFT Model is a structured, strength-based service designed to work with both the youth and family to address risk factors that contribute to delinquent behavior at home and in the community.</p> <p>Family Consultants work collaboratively with probation/problem solving court officers, youth, schools, mental health professionals, family members and others as identified by the family to enhance and improve the youth and family’s functioning in the home and community and, to the extent possible, prevent the need for the youth to be detained or referred to an out-of-home setting and to safely maintain at home and in the community. This service is designed to promote long-term family stability and healthy developmental functioning of youth served.</p> |
| Service Expectations | <p>Family Consultants work with the youth, family and others (as identified by the family and youth) to:</p> <ul style="list-style-type: none"> • Implement focused interventions and behavioral techniques to enhance skill development, such as social skills, problem-solving skills, decision-making skills, etc. • Interventions are utilized to: |

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| | <ul style="list-style-type: none"> ○ Develop risk management/safety planning ○ Improve communication ○ Build skills to strengthen the family ○ Support therapeutic objectives ○ Help identify and improve ineffective patterns of interaction ○ Identify and utilize community resources ○ Develop and maintain natural supports for the youth and family, and ○ Help parents/guardians learn to manage the stress of raising an adolescent <p>Components of the intervention model consist of:</p> <ul style="list-style-type: none"> ● Engagement ● Assessment and Service planning ● Functional Life Skills training for both parents and youth ● Accessing resources and formal/informal supports ● Case closure planning ● Youth and the youth’s parent(s) and/or guardian(s) shall participate in the intake process in person or via tele-services. ● The agency will have a collaborative partnership (communicating on the youth’s progress) with the local probation/problem solving court officer. ● A written service plan shall be developed with the youth and probation/problem solving court officer based upon the probation referral and family/youth intake interview. The written service plan will be shared with the probation/problem solving court officer. ● Individualization of the plan will be determined based on service referral information, (criminogenic risk) relevant collateral documentation/assessments and youth/family goals. |
| Service Frequency | An average of 4 hours per week for up to 6 months but will vary on youth’s progress and will generally be more intensive at the beginning of service delivery. |
| Length of Stay | Average range is up to 3-6 months |
| Staffing | Bachelor’s Degree in a related field. Staff are trained in the Boys Town Teaching Model and the Boys Town In Home Family Services Model. All providers must be trained in trauma-informed care, recovery principles and crisis management |
| Staff to Client Ratio | 1 family consultant to 6 families |
| Hours of Operation | 24 hours/day, 7 days/week |

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| Service Desired Outcomes | <ul style="list-style-type: none"> • Families will remain intact and youth will reside at home • Youth will have improved relationships with peers and adults • Youth will be attending school or will have graduated • Youth ages 13 and older will be arrest-free at the 6- and 12-month follow up • Family functioning has improved • Youth has improved in their daily functioning and their behavioral health symptoms have diminished • Youth's criminogenic risk is reduced • Youth and family have implemented informal and formal support systems. • Crisis plan is in place; youth and parents/caregiver know how to implement it • Youth and parents/caregiver have been connected to community supports as needed • Provider has coordinated with other treating community professionals as needed |
| Unit and Rate | Per hour; see rate sheet |

[Click to direct to Service Interpretive Guideline]

