



Probation Service Definition

ADMINISTRATIVE OFFICE OF THE COURTS & PROBATION

SERVICE NAME	Intensive Family Preservation <input type="checkbox"/> Adult <input checked="" type="checkbox"/> Juvenile
Category	Non-treatment
Setting	Home-Based
Facility License	Licensure is not required for this service
Service Description	<p>Intensive Family Preservation (IFP) services are designed to create rapid, sustainable, positive changes in the family. IFP interventions are face-to-face with the youth and family. The interventions will focus on the family's strengths and reducing family risk factors by improving family functioning.</p> <p>IFP is a team approach (therapist and skill builder) that provides both therapeutic and skill-building intensive interventions within the family home and all community settings. The IFP therapist/skill builder with the youth, family and probation/problem solving court officer will develop and implement written goals and objectives related to reducing criminogenic risk factors. The face-to-face interventions are designed to assist the parent/caregiver to learn/enhance new skills by role playing and skill practice.</p> <p>This service targets the entire family unit and is typically provided when all family members are present. The goal of IFP is to preserve family integrity, improve family functioning, access informal and formal community resources for long-term support, and reduce youth's criminogenic risk by teaching the parent/caregiver to improve capacity to function effectively in the community.</p> <p>The service should impact the family functioning as a whole as well as the youth's individual functioning. This service will intentionally target assessed high risk needs and provide skill development. It should not be used as an extension of supervision.</p>
Service Expectations	<ul style="list-style-type: none"> • The first three (3) weeks of IFP services are to assess, develop a written plan to include goals and objectives, and gather information with the family as well as building a therapeutic relationship with the family based on needs/strengths/services. The next 4 to 10 weeks of IFP services are for training, education, and coaching the individualized services; weeks 10 to 12 are for review of the material taught, develop community supports, crisis prevention planning to address future issues, and the generalization of skills • A written service plan shall be developed with the youth and probation/problem solving court officer based upon the probation referral and family/youth intake interview. The written service plan will be shared with the probation/problem solving court officer.

	<ul style="list-style-type: none"> • Individualization of the plan will be determined based on service referral information, (criminogenic risk, need and responsivity) relevant collateral documentation/assessments and youth/family goals. • Intervention at the crisis point-IFP therapists reach families when the families are in crisis. If the family is in crisis the youth/family shall be seen within 24 hours of referral. • IFP team will develop a written crisis plan, the youth and parents/caregiver will demonstrate how to implement the plan. • IFP is face-to-face contact that takes place in the family home or an environment in the community where the problems are occurring and, ultimately, where they need to be resolved. • A therapist (preferred) or skill builder is on call 24/7. During face-to-face sessions, families are given as much time as they need, when they need it. This accessibility also allows close monitoring of potentially dangerous situations. • IFP staff will have a collaborative partnership (communicating on the youth’s progress) with the local probation/problem solving court officer and other agencies, which are supporting the youth. • IFP is a time-limited service designed to intervene with the immediate crisis; develop & teach the skills necessary for the family to remain intact and the youth in the community. • IFP team members will utilize a range of evidence-based services and interventions, including crisis intervention, motivational interviewing, parent education, skill building, coaching and cognitive/behavioral therapy. • IFP services are provided when and where the youth’s needs are. The IFP team provides a wide range of services, assisting families in meeting basic Maslow’s needs to evidenced-based therapeutic techniques. • IFP team teach basic skills (accessing/using public transportation systems, budgeting, and accessing/using social services agencies). They also educate families in areas of their therapeutic needs (counseling, child development, parenting skills, anger and mood management, appropriate communication, and assertiveness to reduce criminogenic risk). • Officer will verify with IFP staff to determine if progress is being made. If progress is not indicated, the staff shall provide a rationale as to what changes will be made to initiate a plan to increase progress. • Crisis management and stabilization is provided 24/7.
Service Frequency	<ul style="list-style-type: none"> • Minimum of (3) hours face-to-face contact per week from the skill builder. • Minimum of (1) hour of therapeutic engagement shall accompany every 3 hours of skill building. • At the onset of IFP services, the hours may be more intense. The hours per week will taper to a prescribed schedule as a youth’s functioning improves. The IFP therapist and probation/problem solving court officer will determine the frequency and duration of IFP sessions. Sessions may be long and must continue as the situation warrants.
Length of Stay	Up to 12 weeks

Staffing	<p>Therapist must have the following:</p> <ul style="list-style-type: none"> • Licensed Independent Mental Health Practitioner (LIMHP) • Licensed Mental Health Practitioner (LMHP) • Provisionally Licensed Mental Health Practitioner (PLMHP) • Master’s level interns (all course work completed) who are fully supervised by a licensed mental health practitioner (supervising practitioner must be identified on all documentation). • All providers (who are provisional or fully licensed) must hold a current, valid Nebraska license through the Nebraska Department of Health and Human Services (DHHS)-Division of Public Health and must act within their scope of practice. • All providers must be trained in trauma-informed care, recovery principles and crisis management. • IFP staff training must include positive functioning, increase social support, increase parenting skills, improve school attendance, establish daily routines, enhance motivation, help youth and family become self-directed, decrease conflict, etc. took out homebuilders • A skill builder must hold a Bachelor’s Degree in a human services field or an Associate’s Degree with two years’ experience, with in-home behavioral interventions.
Staff to Client Ratio	1 therapist and 1 skill builder to 6 families
Hours of Operation	24/7 days a week
Service Desired Outcomes	<ul style="list-style-type: none"> • Youth remains in a home environment or transitions home. • Youth has made progress on goals related to criminogenic risk as outlined in the written IFP plan. • Family functioning has improved as evidenced by an increase in positive family communication, youth following familial rules and youth remaining in the family home. • Youth has improved in their daily functioning and their behavioral health symptoms have diminished. • Youth and family have implemented informal and formal support systems to sustain the youth in the community. • Written crisis plan is in place; youth and parents/caregiver have the knowledge to implement the plan. • Provider has coordinated with other treating community professionals, as needed.
Unit and Rate	Per week; see rate sheet

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Service Interpretive Guideline\]](#)