

<b>Service Name</b>	<b>Transitional Living Halfway House</b>
<b>Category</b>	Treatment
<b>Setting</b>	Facility-based
<b>Facility License</b>	As required by the Nebraska Department of Health and Human Services (DHHS) – Division of Public Health
<b>Service Description</b>	Halfway House is a transitional, 24-hour structured supportive living/treatment/recovery facility located in the community for adults seeking reintegration into the community generally after primary treatment at a more intense level. This service provides safe housing, structure and support, affording individuals an opportunity to develop and practice their interpersonal and group living skills, strengthen recovery skills and reintegrate into their community, find/return to employment or enroll in school.
<b>Service Expectations</b>	<ul style="list-style-type: none"> <li>• Ensure a strengths-based substance use disorder assessment and mental health screening conducted by licensed clinician will be completed at admission with ongoing assessment as needed.</li> <li>• If a prior substance use disorder assessment is determined to be clinically relevant and includes a current diagnosis, level of care recommendation and a discharge plan, it can serve as the admission assessment. If the prior assessment is not relevant or does not contain the necessary information, then a substance use disorder addendum would be necessary.</li> <li>• Ensure an individualized treatment/recovery plan, including discharge and relapse prevention, is developed under clinical supervision with the individual (consider community, family and other supports) within 14 days of admission and will include: skill development priorities; goals and action steps; strategies and methods of intervention to be implemented; criteria for achieving permanent housing independence; and methods for evaluating the individual’s progress.</li> <li>• Review and update of the treatment/recovery plan with the individual and other approved family/supports every 30 days or more often as clinically indicated.</li> <li>• Monitor to promote successful reintegration into regular, productive daily activity such as work, school or family living.</li> <li>• Monitor stabilized co-occurring mental health problems.</li> <li>• Consultation and/or referral for general medical, psychiatric, and psychological needs.</li> <li>• Provide a minimum of 8 hours of skilled treatment and recovery focused services per week including therapies/interventions such as individual, family, and group psychotherapy, educational groups, motivational enhancement and engagement strategies.</li> </ul> <p>***In addition to the licensing requirements listed above, Transitional Living Halfway Houses also require:</p> <ul style="list-style-type: none"> <li>• Services must be trauma informed, culturally sensitive, age and developmentally appropriate and incorporate evidence-based practices.</li> <li>• Ensure facilities are safe and secure for all residents.</li> <li>• Individuals must have access to resources to address basic needs including food, clothing, transportation, hygiene and healthcare.</li> <li>• The provider will be available 24 hours a day to assist individuals with crisis situations and provide facility oversight.</li> <li>• The provider will require individuals to be accountable to probation requirements and engage in ongoing communication with supervising officers in regards to case plans; specifically the provider will report instances when an individual on probation is suspected to be under the influence of alcohol or any other mood-altering substances, when an individual on probation does not stay at facility overnight, and/or suspected unlawful behavior.</li> <li>• Medication coordination with behavioral health and medical professionals as necessary.</li> </ul>

	<ul style="list-style-type: none"> <li>• Any additional deposit or fee requirements need to be disclosed and agreed upon prior to the individual entering the Transitional Living facility</li> <li>• An individualized, comprehensive transition plan must be developed within seven (7) days of admission and will include the individual, probation officer and other stakeholders. <ul style="list-style-type: none"> <li>○ Items to be addressed in the transition plan include: successful reintegration into productive daily activities such as work, school and/or family living, including the establishment of individual social supports to enhance recovery and stability, to include those identified in Probation’s Success/Risk Reduction Plan</li> <li>○ The provider, individual and officer shall review and update the transition plan at a minimum of every 14 days.</li> </ul> </li> </ul>
<b>Service Frequency</b>	24 hours/day, 7 days/week
<b>Length of Assistance</b>	Individualized based on needs of individual; Probation will provide financial assistance for up to 12 Weeks (84 days)
<b>Staffing</b>	<ul style="list-style-type: none"> <li>• Clinical Director (APRN, RN, LMHP, LIMHP, LADC or licensed psychologist) working with the program and responsible for all clinical decisions (i.e. admissions, assessment, treatment/discharge planning and review) and to provide consultation and support to care staff and the individuals they serve.</li> <li>• Appropriately licensed and credentialed professionals working within their scope of practice to provide substance use disorder treatment.</li> <li>• Direct Care Staff, holding a bachelor’s degree or higher in psychology, sociology or a related human service field are preferred but two years of coursework in a human services field and/or two years of experience/training or two years of lived recovery experience with demonstrated skills and competencies in treatment with individuals with behavioral health diagnoses is acceptable.</li> <li>• All staff shall be educated/trained in rehabilitation and recovery principles.</li> <li>• Staff must have experience, knowledge and education with all facility programming.</li> <li>• Staff must be affiliated with an agency registered as a service provider.</li> </ul>
<b>Staff to Client Ratio</b>	<ul style="list-style-type: none"> <li>• Clinical Director to direct care staff ratio as needed to meet all responsibilities</li> <li>• 1:10 Direct Care Staff to Individual (day and evening hours)</li> <li>• 1:12 Therapist to Individual</li> <li>• 1 staff awake overnight with on-call availability</li> <li>• Two awake overnight staff for 13 or more individuals served</li> <li>• On-call availability of direct care staff and licensed clinicians 24/7</li> </ul>
<b>Service Desired Outcomes</b>	<ul style="list-style-type: none"> <li>• The individual has demonstrated participation and engagement in programming/services</li> <li>• The individual has developed support systems to help maintain stability in the community</li> <li>• Individual has substantially met treatment plan goals and objectives</li> <li>• Individual has improved daily functioning and has reduced criminogenic risk</li> <li>• Individual has identified long-term, safe, sober and stable housing</li> <li>• Provider has coordinated with other professionals as needed</li> </ul>
<b>Unit and Rate</b>	Per day; see rate sheet