



ADMINISTRATIVE OFFICE OF PROBATION

Service Interpretive Guidelines **Substance Use Outpatient Treatment**

SERVICE DEFINITION:

Based on a recommendation from a Substance Use Assessment/Evaluation, Substance Use Outpatient Treatment is a scheduled therapeutic encounter between the licensed clinician and the individual for the purposes of treating a substance use disorder. The focus of outpatient counseling is to improve or alleviate symptoms that may significantly interfere with functioning in at least one life domain (e.g., familial, social, occupational, educational, etc.). The goals, frequency, and duration of outpatient treatment will vary according to individual needs and response to treatment. Services may be delivered in individual, group or family sessions.

EXPECTATIONS/ REQUIREMENTS:

- Shall only be referred with a valid evaluation recommending substance use outpatient counseling
- Reducing the risk of substance use may result in risk reduction in other domains
- This service is for clients whose substance use symptoms can be managed in the community
- The probation/problem-solving court staff member will engage the client to assist in the selection of a Registered Service Provider (RSP)
- The probation officer will communicate with the substance use counselor to assist in developing an individualized treatment plan
- The probation/problem-solving court staff member will verify with the counselor that progress is being made; if progress is not being made, the counselor shall provide information on changes to the treatment plan that will increase progress
- The probation/problem-solving court staff member shall ensure the client understands the treatment plan
- The probation/problem-solving court staff member will work with the client to ensure goals of counseling are being met

Discharge planning will begin at the initiation of services. The written discharge plan will include:

- Transition to any higher or lower levels of care based on clinical need
- Community support services and other relevant resources for the client
- Consultation with community agencies on behalf of, or in conjunction with, the client