



Probation Service Definition

ADMINISTRATIVE OFFICE OF THE COURTS & PROBATION

SERVICE NAME	Ecological In-Home Family Treatment (EIHFT)	<input type="checkbox"/> Adult <input checked="" type="checkbox"/> Juvenile
Category	Non-Treatment	
Setting	Home Based	
Facility License	<ul style="list-style-type: none"> • Facility licensure is not required • Agency providing services must be licensed in the Ecological In-Home Family Treatment/In-Home Family Services program by Father Flanagan’s Boys’ Home. Licensure includes compliance with program monitoring, quality assurance, data collection, contract/agreement status, and payment status 	
Service Description	<p>Boys Town Ecological In-Home Family Treatment is an intensive model of services that is designed to reduce risk that contributes to delinquent behavior and family dysfunction through strength-focused home and community-based interventions.</p> <p>Family Consultants work to enhance and improve youth and family functioning in the home and community, and prevent the need for youth to be placed in an out-of-home setting. Each family has an individualized service plan developed to include youth and family-driven goals that address the behavioral, social, educational and emotional needs of families. Services include a strong focus on family engagement, initial and ongoing assessment, individualized interventions, and case closure planning for long-term outcomes. EIHFT is designed to implement focused interventions and cognitive behavioral techniques to enhance youth skill development, such as social skills, problem-solving, and anger management skills.</p> <p>Family Consultants engage with parents on evidence-based, behaviorally oriented parenting practices to improve family functioning and stability in the home. Interventions also include development of informal and formal supports, linkage to community resources, and concrete services. The outcomes of these interventions are reduced truancy, substance use, curfew non-compliance, and other youth maladaptive behaviors.</p> <p>Components of the intervention model address factors related to involvement in the juvenile justice system and consist of:</p> <ul style="list-style-type: none"> • Engagement • Assessment and Service planning 	

	<ul style="list-style-type: none"> • Functional life skills training for both parents and youth • Development of parenting skills using Boys Town's Common Sense Parenting® curriculum • Accessing resources and formal/informal supports • Case closure planning
Service Expectations	<ul style="list-style-type: none"> • Family Consultants work with the family, youth and others (as identified by the family and youth) to: <ul style="list-style-type: none"> ○ Implement focused interventions and behavioral techniques to enhance both parental and youth skill development, such as social skills, problem-solving skills, decision-making skills, etc. Interventions are utilized to: <ul style="list-style-type: none"> • Develop a plan for risk management • Improve communication • Build skills in parenting, life and social skills • Support therapeutic objectives • Help identify and improve ineffective patterns of interaction • Identify and utilize community resources • Develop and maintain natural supports for the family and youth • Help parents/guardians learn to manage the stress of raising an adolescent • Services with youth/family shall be conducted in the family home or an environment in the community where the behaviors to be addressed are occurring <ul style="list-style-type: none"> • This service will include multiple in-person direct contacts and indirect contacts (e.g. e-mails, text messages) with the youth and family each week. • This service will also include skill and/or case specific, direct or in-direct, collateral contacts with other community-based professionals (i.e. school personnel, therapist, DHHS, neighbors, etc.). • An individualized service plan shall be <ul style="list-style-type: none"> • Developed based on goals of the youth and family within 10 days of intake • Informed by the referral for services from the probation/problem-solving court officer, and relevant collateral documentation • Shared in writing with the probation/problem solving court officer within 30 days of intake. • Revised as needed throughout the service, with written updates provided no less than every 90 days if no revisions have been made • Progress toward the individualized goals will be documented in monthly reports submitted by the agency. If progress is not indicated, or is limited, the agency staff will provide a rationale as to what changes will be made to initiate a plan to increase progress

	<ul style="list-style-type: none"> • A crisis (safety risk/reduction) plan will be developed and updated as needed throughout the service. The youth parent/guardian/caregiver must be able to demonstrate they have the knowledge and skills to implement the crisis plan. The crisis plan will be shared with the probation/problem solving court officer
Service Frequency	<ul style="list-style-type: none"> • 2-4 hours per week of in-person contact with youth and/or family • Frequency of services will vary based on the needs of the youth/family. Contact hours will generally be more intensive at the beginning of service delivery and taper as the youth's functions improves
Length of Service	<ul style="list-style-type: none"> • Expected duration of services is a range of 4 to 6 months. • Duration of services is individualized based on progress of the youth and family.
Staffing	<ul style="list-style-type: none"> • Staff must be affiliated with an agency that is a Registered Service Provider and licensed to provide EIHFST services. • EIHFST Staff must: <ul style="list-style-type: none"> ○ Be competent, compassionate, high performing ○ Have effective communication skills ○ Be reflective of community diversity ○ Have access reliable transportation and be willing to travel within a specified service area ○ Be able to provide youth and their families with crisis support as needed • Family Consultants must have: <ul style="list-style-type: none"> ○ Hold a Bachelor's degree in a Human Services related field with ○ 1-2 years' experience working with youth and families in community-based programs (such as home-based supportive services, adolescent skill-building, life-skill training for parents, instructing Boys Town's Common Sense Parenting® curriculum, etc.) <p>OR</p> <ul style="list-style-type: none"> ○ Hold a High School diploma with some college coursework and over 2 years' relevant experience may be considered in absence of qualified bachelor's level candidates • Supervisors of Family Consultants must have: <ul style="list-style-type: none"> ○ Bachelor's degree in a Human Services related field ○ 2-3 years' experience working with youth and families ○ Intermediate level management and supervisory experience is preferred ○ Ability to perform administrative functions ○ Willingness to provide consistent and ongoing development and support for employees • Each supervisor may be assigned as a full-time supervisor, overseeing up to two teams, or may be assigned as a part-time supervisor, overseeing one team. Part-time supervisors may carry a 50% family consultant caseload.

	<ul style="list-style-type: none"> Services must be trauma-informed, culturally and linguistically appropriate, age and developmentally appropriate and incorporate evidence-based practices when appropriate.
Staff to Client Ratio	<ul style="list-style-type: none"> All staffing shall be adequate to meet the individualized service needs of the youth and meet the responsibilities of each staff position as outlined in the EIHF model. Caseloads range from 4 to 8 youth/families, average caseload of 6 youth/families per EIHF Family Consultant (1:6)
Hours of Operation	<ul style="list-style-type: none"> Services are scheduled during day, evening, or weekend hours, based on family needs. Services are available for crisis assistance 24 hours/day, 7 days/week.
Service Desired Outcomes	<p>Youth is/has:</p> <ul style="list-style-type: none"> Residing at home with family and abiding family structures Attending school regularly or graduated Remained arrest-free at the 6-month and 12-month follow-up Reduced behavioral health symptoms related as factors to justice system involvement Improved daily functioning and relationships with peers and adults as defined in individualized service plan <p>Family is/has:</p> <ul style="list-style-type: none"> Improved familial functioning and relationships Monitoring youth's behavior and identifying problem areas and concerns Developed parenting skills for applying rules, consistent discipline and reinforcement Implemented informal supports and connected with community support systems Developed a crisis plan and knows how to implement the plan Coordinated with treatment professionals, as appropriate
Unit and Rate	See rate sheet