



ADMINISTRATIVE OFFICE OF THE COURTS & PROBATION

Service Interpretive Guidelines
Intensive Family Preservation

SERVICE DEFINITION:

Intensive Family Preservation (IFP) services are designed to create rapid, sustainable, positive changes in the family. IFP interventions are face-to-face with the youth and family. The interventions will focus on the family's strengths and reducing family risk factors by improving family functioning.

IFP is a team approach (therapist and skill builder, preferred) or a singular therapist that provides both therapeutic and skill-building intensive interventions within the family home and all community settings. The IFP therapist/skill builder with the youth, family and probation/problem solving court officer will develop and implement written goals and objectives related to reducing criminogenic risk factors. The face-to-face interventions are designed to assist the parent/caregiver to learn/enhance new skills by role playing and skill practice. This service targets the entire family unit and is typically provided when all family members are present.

The goal of IFP is to preserve family integrity, improve family functioning, access informal and formal community resources for long-term support, and reduce youth's criminogenic risk by teaching the parent/caregiver to improve capacity to function effectively in the community.

The service should impact the family functioning as a whole as well as the youth's individual functioning. This service will intentionally target assessed high risk needs and provide skill development. It should not be used as an extension of supervision.

TARGET POPULATION:

This service would typically assist in addressing youth who have family relationship problems, inconsistent parenting, inappropriate discipline, delinquency, and truancy. The youth may have high needs in Family/Parenting, Peer Relations, Leisure/Recreation, Personality/Behavior, and Attitudes/Orientation.

PROBATION/PROBLEM SOLVING COURT OFFICER (OFFICER) RESPONSIBILITIES:

- A written service plan shall be developed with the youth/family and probation/problem solving court officer based upon the probation referral and family/youth intake interview. The written service plan will be shared with the probation/problem solving court officer.

- Individualization of the plan will be determined based on service referral information, (criminogenic risk, need and responsivity) relevant collateral documentation/assessments and youth/family goals.
- Youth and the youth’s parent(s) and/or guardian(s) shall participate in the intake process in person.
- Officer shall communicate weekly, at a minimum for updates on the treatment plan, goals and the youth and family’s engagement in services.
- Officer shall assist in maintaining family engagement and facilitate family team meetings to encourage communication and progress.
- Officer shall verify with the IFP staff if progress is being made. If progress is not indicated, the IFP staff shall provide a rationale as to what changes will be made to initiate a plan to increase progress.
- Officer will complete engagements outlining progress.
- Officer will work with the IFP team to begin discharge planning at the time of service initiation. The provider’s written discharge plan will include:
 - Recommendations for next appropriate community services
 - Follow up appointments scheduled in conjunction with family
 - Community supports and resources for the youth/family
 - Consultation with community agencies on behalf or in conjunction with the youth/family
 - Update every time there is a change in the youth/family circumstances
 - Summary of goals and objectives completed by the IFP staff
 - Crisis prevention plan for the family and youth and information as to how the family is able to implement the plan
- Upload all documents to the information management systems