



ADMINISTRATIVE OFFICE OF THE COURTS & PROBATION

Service Interpretive Guidelines

Crisis Stabilization

SERVICE DEFINITION:

This service is utilized to achieve stabilization in a therapeutic environment until a youth can transition home or to a placement. Crisis Stabilization may be utilized as an alternative to detention. Youth in this service require crisis intervention, consistent behavior management, supervision and therapeutic services.

TARGET POPULATION:

This service is utilized for youth who have a history of needing crisis intervention, consistent behavior management, supervision and therapeutic services. Youth who are actively suicidal are not appropriate for crisis stabilization. This service would typically assist addressing youth/family high in risk and/or need in Family Circumstances/Parenting, Personality/Behavior and/or Attitude/Orientation.

PROBATION/PROBLEM SOLVING COURT OFFICER (OFFICER) RESPONSIBILITIES:

- Whenever possible the probation/problem solving court officer should be present for the initial placement, exceptions must be approved by a supervisor.
- Officer will prepare the youth and family to transition into the placement, by providing transportation, and making sure the youth has all necessary belongings to include, but not limited to clothing and medications if applicable.
- Officer will communicate with the treatment team (therapist, others) to assist in developing a written individualized plan for the youth.
- Officer will ensure the goals are observable and measurable and are developed in conjunction with the youth, family (if applicable), crisis stabilization therapist and the youth's current treating therapist (if applicable).
- Officer shall communicate weekly, at a minimum for updates on the treatment plan, goals and the youth and family's engagement in services.
- Clear communication between the officer, court, and facility staff is critical to ensure youth are approved to participate in off-site activities. Situations where youth may not be approved may include: court order, extensive runaway behavior, risk to the community, etc.
- Officer will need to be responsive to all crisis situations within the facility involving the youth.
- Officer should be able to observe a consistent and highly structured daily schedule that includes crisis intervention strategies, education, groups, and skill development.
- Officer will assist in maintaining family engagement and facilitate family team meetings to encourage communication and progress.

- Officer will ensure family phone calls, visits and home visits should occur on a regular basis. Home visits should be planned through the family team meeting process and should be based on the goals of the plan, not related to youth's behavioral concerns.
- Officer will ensure family phone calls, visits and home visits are not withheld from the youth in a punitive manner.
- Officer can utilize crisis stabilization as an alternative to detention at the point of intake, probation violation, or as a planned transition from out-of-home placement when determined by the team that such transition is necessary.
- Officer will verify with the therapist and team if progress is being made. If progress is not indicated, the therapist and team shall provide a rationale as to what changes will be made to initiate a plan to increase progress
- Officer will complete engagements outlining admission, treatment and discharge.
- Transition planning begins immediately upon placement. Officer shall do transition work with the family to prepare the youth to return home. This includes family team meetings, therapeutic team meetings, building formal and informal supports, home visits, therapeutic leave days etc.
- Transition plans will be finalized in the (Individualized Transition Plan) ITP and will include the following:
 - Recommendations for next appropriate community services
 - Follow up appointments scheduled in conjunction with family
 - Community supports and resources for the youth/family
 - Consultation with community agencies on behalf of, or in conjunction with the youth/family
 - Update every time there is a change in the youth/family circumstances