



ADMINISTRATIVE OFFICE OF THE COURTS & PROBATION

## ***Service Interpretive Guidelines***

### **Day Treatment**

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#### **SERVICE DEFINITION:**

Day treatment services are less intensive than partial hospitalization but more intense than community-based intensive outpatient therapeutic services. Day treatment provides a community-based, coordinated set of individualized behavioral health/psychiatric treatment services to youth who are not able to function full-time in a normal school, work, and/or home environment and need the additional structured activities of this level of care. While less intensive than hospital-based day treatment, this service includes diagnostic, medical, psychiatric, psychosocial, and adjunctive treatments in a structured setting. Day treatment generally occur in a hospital based setting.

Day treatment services typically are less medically involved than acute inpatient or partial hospitalization services. Day treatment provides structure for activities of daily living including intensive group, family and individual therapy with essential education and treatment components to allow the youth to apply new skills within real world environments.

#### **TARGET POPULATION:**

This service is utilized for youth who have a history of mental health symptoms and/or currently experiencing significant symptoms that do not require hospitalization but requires more intensive services than outpatient or intensive outpatient (IOP), but less intensive service than partial hospitalization. Day treatment can be utilized as a next appropriate service for a youth discharging from inpatient hospitalization and/or partial hospitalization or to prevent the need for partial or inpatient hospitalization. This service would typically assist addressing youth/family high in risk and/or need in Family Circumstances/Parenting, Substance Use, Education/Employment and/or Personality/Behavior.

#### **PROBATION/PROBLEM SOLVING COURT OFFICER (OFFICER) RESPONSIBILITIES:**

- Officer will communicate with the treatment team (therapist, others) to assist in developing a written individualized treatment plan for the youth.
- Officer will ensure the goals are observable and measurable and are developed in conjunction with the youth, family and therapist.
- Officer will communicate weekly, at a minimum, for updates on treatment plan and goals and the youth and family's engagement in services.
- Officer will assist in maintaining family engagement and facilitate family team meetings to encourage communication and progress

- Officer will verify with the therapist and team if progress is being made. If progress is not indicated, the therapist and team shall provide a rationale as to what changes will be made to initiate a plan to increase progress
- Officer will work with the provider to develop a written discharge plan that includes:
  - Next appropriate community services
  - Follow-up appointments scheduled in conjunction with family
  - Community supports and resources for the youth/family
  - Consultation with community agencies on behalf of or in conjunction with the youth/family
- Officer will complete engagements outlining admission, treatment and discharge.
- Upload all documents to the information management system.