



ADMINISTRATIVE OFFICE OF THE COURTS & PROBATION

Service Interpretive Guidelines

Psychiatric Residential Treatment Facility (PRTF) Mental Health, Substance Use, Juveniles Who Sexually Harm

SERVICE DEFINITION:

PRTF treatment provides 24-hour clinically indicated services for youth under the age of 19 who have demonstrated symptoms consistent with a DSM (most recent version) diagnosis related to severe/persistent psychiatric disorders and/or who demonstrate sexually inappropriate behaviors who are at risk to re-offend.

The PRTF service addresses the identified problems through a wide range of diagnostic and treatment services as well as through training in basic skills such as social skills and activities of daily living in the context of a comprehensive, interdisciplinary treatment plan. Professional care and treatment is identified as clinically indicated, that can reasonably be expected to reduce or ameliorate the youth's mental health, substance use and/or sexually harming symptoms

Requires a certificate of need by an independent team that includes a physician.

Specializations can include psychotherapy for clients with co-occurring disorders, eating disorders, trauma, individuals who sexually harm and other areas.

TARGET POPULATION:

This service is the highest level of treatment for the youth who demonstrate severe and persistent symptoms and functional impairments consistent with a mental health (MH), substance use (SU) or inappropriate sexually harming DSM (most recent version) diagnosis, which require 24/7, awake residential psychiatric treatment, under the direction of a physician.

The recommendation of a referral being made to a PRTF is a clinical recommendation. A PRTF must be recommend by a licensed clinician who is able to diagnose/treat major mental illness within his/her scope of practice in conjunction with the youth's team. A physician is required to be a member of the youth's team when a recommendation of a PRTF is being considered.

This service would typically assist in addressing youth with high needs in responsivity factors such as mental health (MH), substance use (SU) and sexually inappropriate behaviors.

Youth involved with this service are a danger to self and others and there may be presence of active psychosis inhibiting the ability to function appropriately.

PROBATION/PROBLEM SOLVING COURT OFFICER (OFFICER) RESPONSIBILITIES:

- Officer will prepare the youth and family to transition into the placement, by providing transportation, and making sure the youth has all necessary belongings to include, but not limited to clothing and medications if applicable.
- Officer will communicate with the provider and provide collateral information to assist with the development of the individualized written treatment plan. Goals must be individualized, measurable and developed with the youth and interdisciplinary team.
- Officer shall communicate weekly for updates on treatment plan and goals and the youth and family's engagement in services.
- Goals must be measurable and developed with the youth and interdisciplinary team.
- Officer will assist in maintaining family engagement and facilitate family team meetings to encourage communication and progress.
- Officer will verify with the PRTF treatment staff if progress is being made. If progress is not indicated, the PRTF staff shall provide a rationale as to what changes will be made to initiate a plan to increase progress.
- Officer shall ensure the youth has access to their community. The PRTF goal is to restore the youth to an improved level of functioning ultimately resulting in the youth living and functioning in a non-therapeutic environment with the return to a home environment.
- Officer will ensure therapeutic leave days are a part of the treatment for client/families involved in PRTF. The interdisciplinary team must approve notice of therapeutic leave days 48 hours in advance. The officer shall have face-to-face visits with the youth when they are on therapeutic leave days to ensure the youth is following goals to completion during therapeutic leave days.
- Officer notifies all interested parties of any placement change.
- Officer will attend any meetings initiated by the PRTF staff; this will assist in maintaining family engagement.
- Officer will complete engagements outlining admission, treatment and discharge.
- Officer will work with the provider to determine plans after discharge. The written discharge plan will include:
 - Follow up appointments scheduled in conjunction with family
 - Community supports and resources for the youth/family
 - Consultation with community agencies on behalf of or in conjunction with the youth/family
 - Written safety plan from the hospital
- Upload all documents to the information management system.