

MY 10-YEAR PLAN

1. GOALS:

What I Want

Resources

Specifics

a) Education:

b) Career:

c) Living Arrangements:

d) Family:

e) Transportation:

2. Who is stable person(s) in my life?

3. Where do I spend holidays & how does that happen?

4. Who do I call when I have questions or problems? (Example: car breaks down)

5. Who do I call when something great happens? (Example: ace a test or get a job)

6. What life skills do I need to develop?

- Laundry
- Cooking
- Budgeting
- Income
- Social Activities & Community Involvement
- Cleaning

7. What obstacles do you see to your plan?