# YOUTH REHABILITATION & TREATMENT CENTER-KEARNEY ANNUAL REPORT



Division of Children & Family Services Office of Juvenile Services

SFY 2015/16 Annual Report (Revised October 6, 2016)

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### Administrative Team

Mark LaBouchardiere Trevor Spiegel Paul Gordon Rita Uldrich Jerry Van Winkle John McArthur Dan Theobald Spencer Popple	Operations M Business Ma Psychologist Principal Training Coo	gram Manager Manager nager	Edward Szymanski Jon Eisenhower Richard Wetjen Kenneth Robinson Shelly Garrett Nancy Krueger Jolene Jarecki	Maintenance Manager Food Service Director Recreation Manager Religious Coordinator Nurse Supervisor Administrative Assistant IS&T	
<u>Mailing Address</u>		Youth Rehabilitation & Treatment Center 2802 30 <sup>th</sup> Ave. Kearney NE 68845			
Phone Number		(308)865-5313			
Fax Number		(308)865-5323			
<u>Website</u>		http://dhhs.ne.gov/c	children_family_services/Pages	s/jus_yrtc_yrtckindex.aspx	
Rated Capacity		172			
<u>Average Length of Stay</u>		2015/16 – 287 Days; 9.6 Months 2014/15 – 240 Days; 8.0 Months			
Average Daily Population		2015/16 – 108 YOUTH 2014/15 – 102 YOUTH			
<u>Admissions</u>		2015/16 – 142 Yo 2014/15 – 161 Yo			
<u>Youth Paroled / Discha</u> <u>Hastings Juvenile Cher</u> <u>Dependency Program</u>		2015/16 – 32 You 2014/15 – 28 You			
<u>Per Diem Costs</u> *		2015/16 - \$295.4 2014/15 - \$301.6			
<u>Average Age at Admiss</u>	ion	2015/16 – 16 YEA 2014/15 – 16 YEA			
<u>Recidivism Rate</u>		2015/16 – 18% 2014/15 – 16%			
Affiliations and/or Acc American Correctional					

Nebraska Department of Education AdvancED Accreditation Prison Rape Elimination Act (PREA)

\*Historically, YRTC-Geneva and YRTC-Kearney used different calculation methodologies to calculate per diem costs. In order to compare the facilities, the per diem costs are now calculated using a common methodology. Per diem costs = total costs/ # of days in the year/average daily population.

Performance-based Standards/Council of Juvenile Correctional Administrators

# *Highlights*

The mission of the Youth Rehabilitation & Treatment Center-Kearney (YRTC-K) is to help youth live better lives through effective services, affording youth the opportunity to become law-abiding citizens. To accomplish this, the YRTC-K provides diverse programming that responds to each youth's unique needs. In support of our mission, YRTC-K recognizes the following accomplishments for FY 2015/16:

The YRTC-K is mandated by agency operating rules to be an active participant in the American Correctional Association Commission on Accreditation (ACA). YRTC-K is accredited under the 4<sup>th</sup> Edition ACA Standards.



YRTC-K is a member of the Performance Based Standards (PbS) Project sponsored by the Council for Juvenile Correctional Administrators. We are one of 167 juvenile detention facilities across more than 34 states and District of Columbia in the project. Performance is scored on critical outcomes and the required aspects of the PbS reporting process for each data collection period and results in an assigned level of performance. The levels are from 1-4, with 4 being the highest possible level of attainment. YRTC-K is currently at level 2. This level assignment means YRTC-K has met the required PbS process and methodology.

YRTC-Kearney continued quality assurance measures through the Performance-based Standards Project and the American Correctional Association audit process. The facility has employed a staff member as a Systems Compliance Coordinator that focuses on ACA, PbS, and PREA – Prison Rape Elimination Act. The DHHS PREA Annual Report can be viewed online.

Individual treatment plans (case plans) are developed by staff within the first 14 days of their commitment to the facility. They are updated monthly by staff and reviewed during the youth's family team meeting with the youth's formal and informal supports.

The youth treatment program, EQUIP was fully implemented at the facility in 2012. During this fiscal year we continued to focus on the fidelity of the program. The EQUIP program offers youth the tools that will assist with anger management, social decision making and social skills. The youth learn how to identify, own and replace (IOR) their negative thinking errors and behavior problems. This program is staff directed and the staff coach youth through equipment meetings, mutual help meetings and daily programming activities.

"Project Everlast" is offered to the youth at the facility. This program's goal is to provide support and assist youth in making positive connections to help them transition to adulthood. The goal of the YRTC is to connect youth with a council member in the community once they leave YRTC-Kearney that will provide additional support and transition services to the youth. Currently, we offer this program to all at the facility. The youth meet on a regular basis. Youth involved in Project Everlast attended PEER camp trip to Halsey. We teach youth to "Think of the Other Person" (TOP) and "Think of the Consequences" (TOC) for their behavior. The discipline model that is utilized is led by our direct care staff who work directly with the youth.

Fifty (50) YRTC-K youth groups performed 4,200 community service hours for 21 local organizations.

YRTC-K has a support group called Proud Dads for youth who either have children or are about to become fathers. They complete community activities, and activities at the facility. The youth have developed a bond with each other and are able to discuss personal issues.



Youth from each living unit have representatives on the Youth Representative Council, that was renamed the Student Council at the facility. The youth meet and discuss issues at the facility, problem solve and plan youth activities.

Eleven (11) students earned their high school diplomas through West Kearney High School.

There were 1,963 youth/parent/family/clergy visits, with 1,209 of these being for four hours or more off the YRTC-K campus.

Thirty-two (32) youth were paroled/discharged to the Hastings Juvenile Chemical Dependency Program (HJCD) for long-term Chemical Dependency treatment.

Two youth groups participated in weekly interactions with the Kearney Therapeutic Horseback Riding program. They learned how to properly groom, ride and care for the horses. This program has been ongoing for the past five years and the youth learn the value of respecting animals and the individuals that benefit from the program.

On the north side of the facility, YRTC-K has a Viking Confidence Course. The mission of the Viking Confidence Course is to provide groups with opportunities to accomplish new and exciting adventures together. Whether you want to improve self-awareness and self-confidence, build trust or just have a fun experience, the Viking Confidence Course can meet those needs.

YRTC-K continues to work with the University of Nebraska – Lincoln and Kearney sites and Big Brothers Big Sisters (Grand Island) to provide mentors for the youth at YRTC-K who are from the Lancaster County area and rural Nebraska areas. Big Brothers Big Sisters covers the Tri-City area (Kearney, Grand Island and Hastings). The group of youth who are involved with Big Brothers Big Sisters were invited to, and attended, the Grand Island airfield and were allowed to get into a schnook.

### **Treatment Program**

The Youth Rehabilitation and Treatment Center – Kearney has adopted a Biopsychosocial model of treatment: meaning that factors such as overall health, mental health, trauma history and past and present social environments must be considered when attempting to understand and mitigate a youth's problematic behaviors. In keeping with this model the treatment team is composed of:

- > 13 Youth Counselor I's
- ▶ 5 Living Unit Managers
- > 10 Mental Health Practitioners / LMHP's
- > 1 Clinical Psychologist
- YRTC-K contracts with Dr. Hillard with Family Practice Associates for psychiatric evaluations and psychotropic medication management.



The orientation staff continue to work hard to

ease each new YRTC youth into the treatment program and provide leadership and counseling for first-time commitments.

YRTC-K uses the evidence-based EQUIP program. The philosophy of EQUIP is to motivate and equip youth to help each other to become productive citizens. During this process youth attend Mutual Help meetings 3 times a week and attend EQUIP meetings 2 times a week. In Equipment meetings the youth go through a series of exercises to help correct their way of thinking. Anger Management, Social Skills and Social Decision Making meetings help guide them to change their way of thinking and correct the errors that have gotten them in trouble.

Throughout the year a total of 2,948 Equipment and Mutual Help Meetings were led by the Youth Counselors (YC I's).

YC I's and YCS' made 4,082 contacts with parents by telephone, mail and face-to-face. They also made 3,839 contacts with Juvenile Service Officers (JSO), Family Permanency Specialists (FPS) and Probation Officers.

All youth who are committed to this facility are evaluated by a mental health professional upon their arrival. Risk factors are assessed as are safety issues, trauma related issues and any other mental health concerns. Therapists within the mental health department provide individual therapy for mental health issues, individual and group therapy for substance abuse issues, other forms of group therapy and family therapy. In addition, therapists are active members of the treatment teams and serve as behavioral consultants to the treatment teams as well. Therapists provide crisis management interventions and a member of the mental health department team is on call 24 hours a day seven days a week. During the fiscal year 2015/2016, the mental health department completed 139 mental health appraisals on new youth. We responded to an average of 10 referrals per month and 14 after hours crisis calls per month. We averaged completing nine substance abuse evaluations per month and we averaged facilitating 23 substance abuse groups per month. The mental health department averaged 260 individual therapy sessions per month (an increase of almost 100 sessions per month) and also facilitated on average 30 family therapy/family engagement sessions per month.

The Chemical Dependency Programming staff provided an average of 5 weekly group therapy sessions for up to 32 youth. These sessions were 45-



minutes long focusing on allowing youth to begin processing their chemical dependency issues. These youth were identified as needing additional chemical dependency intervention while at YRTC-K. The weekly group therapy sessions prepare youth to transition to a more intensive and specific chemical dependency treatment at the community level of care, such as outpatient or inpatient services. All of the youth who participated in the Chemical Dependency therapy groups received referral recommendations for follow-up services upon their return to the community.

The Hastings Juvenile Chemical Dependency (HJCD) program continues to provide intensive residential C/D services for youth. The HJCD program provides YRTC-K youth with a long-term residential level of care. The youth must meet the following guidelines to qualify for HJCD: (1) Must have a diagnosis of dependency as a primary diagnosis, (2) Must be above the age of 14 and (3) May have attempted previous treatment interventions.

There were 361 psychiatric consults completed by the YRTC-K contracted medical doctor. YRTC-K's contracted medical doctor began seeing youth with mental health needs in May 2014 and can refer a youth to a psychiatrist if needed for further treatment, intervention, and/or stabilization. There were 82 referrals to Richard Young Hospital.

The clinical psychologist is responsible for clinical and administrative supervision of the Mental Health Department, and also provides psychological consultations and evaluations on an asneeded basis. Typically, these are provided to youth who have more problematic mental health issues or are struggling to be successful in the program. The psychologist serves on the EQUIP Programming Committee and the Prison Rape Elimination Act (PREA) committee, and is involved in writing policy and procedure related to PREA, as well as providing training to staff and youth. The clinical psychologist assists staff with Employee Assistance Program (EAP) referrals, and reviews and updates policies and procedures for supervised departments. The clinical psychologist assists with developing and conducting annual training on programming material. The clinical psychologist continues to explore options for added service lines and additional programming to offer our youth. In response to legislation requiring evidencebased practices, YRTC-K has been utilizing a number of evidenced-based treatment interventions. Throughout fiscal year 2015/2016, all of our youth received Equip training, which is an evidenced-based treatment intervention for antisocial youth. We are currently in the process of transitioning from Equip to another evidenced-based intervention program. Once our staff are fully trained in this treatment intervention, all youth will receive this treatment intervention in lieu of Equip. In addition to Equip, gang treatment is provided by two of our therapists who have been nationally certified as



gang intervention specialists. They use the Phoenix/New Freedom Gang intervention programming, which is also an evidenced-based treatment intervention for youth who are gang involved. In addition, approximately three quarters of our youth also receive individual therapy, with cognitive behavioral strategies (also evidence-based) being the foundation for the individual therapy services. Mental health issues that may warrant individual therapy include, but are not limited to, trauma related issues/diagnoses, impulse control disorders, criminogenic thinking, mood disorders, anxiety disorders, substance abuse disorders and family dysfunction. One member of the mental health department began training/certification in EMDR this fiscal year and will complete this training early in fiscal year 2016/2017. EMDR is an evidenced-based therapeutic intervention for trauma related disorders.

Dr. Van Winkle, our psychologist/Program Director was invited this year to sit on the Advisory Counsel for the Counseling Training Program at the University of Nebraska Kearney. In addition, one of our therapists has been working in a consulting relationship with a professor at Hastings College whose class has been working on developing an assessment tool for our facility to utilize in measuring our youth's readiness to advance from one level to another.

### **Education Program**

West Kearney High School (WKHS) is accredited by the Nebraska State Board of Education as a Special Purpose School. It is accredited as an optional school through the North Central Association Commission on Accreditation and School Improvement, as well as AdvancED. WKHS is also an institutional member of the Correctional Education Association.

The school's staff: 20 teachers, school principal, and contracted speech language pathologists, all hold professional certificates from the Nebraska Department of Education. The staff authored 167 Individualized Educational Plans (IEP) and Education Plans (EP) during the school year.

Eleven (11) students earned their High School Diplomas through West Kearney High School. There were seven (7) graduation ceremonies with forty-five (45) family members and visitors attending.



WKHS Basic Education teachers administered 145 Renaissance Learning STAR pre- and post-Reading and Math assessments. The results of these post-assessments were added to an ongoing student database. The student scores in the ongoing study indicate an 8.16 grade equivalency in Reading and an 8.46 grade equivalency in Math. The average length of enrollment for students in this ongoing study is 5.74 months. The average length of enrollment during only the 2015-16 School Year is 7.80 months.

The WKHS Title I Neglected/Delinquent (N/D) project continued as a strong program component and served 95 students. These students demonstrated an average gain of 13.42 months in reading and 10.24 months in math. The students earned an average of 6.86 high school credits in reading and 6.66 high school credits in math toward a high school diploma.

The speech and language program continued to be a vital part of the students' total education program. There were 36 students referred to the speech and language pathologists with 35 qualifying. These 35 students received speech or language services during the 2015-2016 school year.

Twenty-two (22) students were administered the ASVAB (Armed Services Vocational Aptitude Battery) on-site through a cooperative with representatives from the military. Five (5) students completed the COMPASS Test through a cooperative with CCC. One (1) student completed the ACT Test at an off-campus location.

Six (6) college students completed Service Learning Plans in WKHS classrooms with mentoring teachers through a cooperative with the UNK Teacher Education Department. WKHS also hosted three (3) volunteers in various classrooms during the school year.

Referrals also continued with the Vocational Rehabilitation Liaison within the Nebraska Department of Education, which served students from several counties. The Nebraska State Probation and AmeriCorps continued the Rural Improvement for Schooling and Employment (RISE) program as part of the reentry process for students from all 93 counties. This position provides activities, lessons, and a liaison in each community to assist with a smoother transition back to the home school systems and for potential employment opportunities. This was completed primarily outside of school hours.

Nebraska was selected as one of five juvenile justice agencies to participate in a year-long blended learning initiative called Unjammed 2.0 through the Center for Educational Excellence in Alternative Settings (CEEAS). This initiative will enable the WKHS students and teachers to utilize internet supported educational programming and technology in the classroom settings. The students will also learn responsible use and digital citizenship. The WKHS school principal, four teachers, facility administrator, and an IS&T representative attended the initial technology training in Seattle, Washington, in July along with representatives from the other states selected.

# Medical Program

The YRTC-K medical personnel includes three full time RN's and one full time LPN. Upon arrival at the facility the juvenile is informed about how to access healthcare services. All juveniles may initiate requests for health services on a day to day basis through the use of a health call form. An intake health screening is performed upon the juvenile's arrival at the facility by health-trained staff, and reviewed by a qualified health-care professional.

All juveniles receive a physical and dental examination by the on-campus contract doctor and dentist within the first 14 days of arrival at the facility. A Nurse will complete a comprehensive nursing appraisal within the first 7 days of a juvenile arriving at the facility. If a



juvenile has a chronic health illness, or condition such as asthma, diabetes, or other diseases this will be addressed on campus with routine assessment and treatment that may include: specialized treatment plans, laboratory testing, medication monitoring, and periodic review, as indicated.

YRTC-K has a physician on campus once a week to address health care concerns from the juveniles, to see juveniles for medication checks, and to address any illnesses or injuries. Should a juvenile need medical care for routine or emergency situations when a doctor is not on campus, care will be provided off campus at the contracted clinic, or hospital emergency room. Twenty-four-hour emergency medical, dental, and mental health services are available to each juvenile.

The juveniles' medical history and information is requested through a questionnaire sent to each juvenile's parents/guardians in the mail. The medical department welcomes these forms back from the family and/or guardian, so that we may become familiar with any past, current, or ongoing health problems that the juvenile may have forgotten to share with the medical staff. The juvenile's immunizations will also be updated according to state law.

Comprehensive health care services start the moment the juvenile arrives at the facility, and are provided throughout their stay by licensed Nurses and other health care providers.

During FY 2015/16, the following medical services were provided:

Medical Service Provided	Number	Dental Service Provided	Number
Brief physical exams by doctor	174	Dental Exams	497
Eye exams	150	<b>Dental Procedures Completed</b>	2,213
Surgeries	5		
Emergency Room	46		
Youth visits to nurse	6,381		

# **Religious Program**

The religious program at YRTC-K is supervised by a Religious Coordinator. Church services are conducted every Sunday and a weekly Bible study on Thursday at 4 PM & 7 PM.

A total of 2256 youth attended the voluntary church services throughout the year. This is an average of 20 youth per Sunday.

Bible study is available to the youth each week. Adult volunteers co-lead the evening Bible Studies with the Religious Coordinator. The total number of youth attending Bible study was 928. This is an average of 12 youth attending each study.



At the youth's request, the Religious Coordinator is available for personal counseling. During the year, 1013 youth requested and received personal spiritual counseling. The Religious Coordinator also counseled 472 staff for work and personal issues.

Volunteers from the Kearney area assist in the spiritual ministry. There were 200+ hours of volunteer time donated during the year.

The Proud Dads program is facilitated by the Religious Coordinator. They went to Early Head Start on multiple occasions to interact with children from ages 12 months to three years old. They've setup new playground equipment and got to enjoy watching the children explore and play. Proud Dads began videoing themselves reading books to send home to foster their connection with their children. Proud Dads took CPR/First Aid classes for infant and child to better prepare them to care for their children upon return home.

The following are some of the special events and church services that the Religious Coordinator was involved in over the year.

- > Received Bible, Book, CD's and Rosary Donations
- Religious Coordinator preformed 11 baptisms
- > Christmas Eve service, Ash Service and Good Friday Service
- Youth talent Show with prizes
- > CORN (Christian Outreach to Rural Nebraska) was on campus
- Religious Coordinator was Keynote speaker for three (3) West Kearney High School Graduations
- > Held an Easter egg hunt for Northeast elementary.
- ➢ Good Friday service at the EFree church.
- > The Purple Project was on campus to speak with the youth.
- > There were 4 guest speakers on campus to educate the youth on various topics.

### **Recreation Program**

The YRTC-K employs one full-time Recreation Manager, two full-time Recreation Assistants, and one full-time and three part-time Recreation Aides.

YRTC-K has a wide variety of recreational equipment and areas that the youth have ready access to. This includes concrete play pads for each living unit. During the year, youth participate and are recognized in intramural sports including Softball, Flag Football, Volleyball, Basketball, Soccer, and Ultimate Frisbee. These activities build self-confidence, teamwork and trust and are fun activities. The youth can swim in the YRTC-K pool during recreation time and during Physical Education classes.

The Recreation Department provided many special activities for the youth throughout the year, both on and offcampus. These activities included:



- 38th Annual All-Star Basketball game in which two volunteer officials, one of which marked his 9th game at YRTC. This year's game was a thriller decided in the last seconds of the game. DVD's of the game were given to all of the All-Stars.
- There were 3,559 groups (up 351 groups) and 273 releases that used the YTRC-K Recreation programs and facilities. With P.E. classes included (3125 groups) 7035 (up 1433) groups enjoyed the program. This is an average of over 19 groups per day. This past year all groups were scheduled in P.E. classes every school day.
- > The Personal Best program was initiated this year where youth were able to test their fitness and athletic skills at any time they were utilizing the facility. In the first month 131 youth participated in 193 events in the program.
- > All youth participated in October's month long Marathon, which was in its seventh year. Each person that completed a Marathon (26.2 miles walking or running) during the month received a pair of shorts for their effort. This year 7 of the 12 groups completed the marathon and walked a total of 186 miles.
- YRTC and Kearney Crossfit partnered in hosting 8 four person teams to participate in the Viking Invitational Challenge. YRTC groups provided guidance through the course and helped with scoring.
- New equipment additions to the program were the Message Board outside the gym office for recognition as well as 3 workout stations located on the Dickson Security Unit play pad.
- > YRTC Recreation staff tested each youth in Pre and Post Fitness Testing in upper body and abdominal strength. 66 youth were pre-tested and 120 were post tested.

### Community Service/Volunteer Program

The volunteer activities program at the YRTC-K is coordinated by the Recreation Manager.

The Community Advisory Board is made up of a cross section of community members who meet quarterly with administrative staff to review programs, physical plant, and policies and procedures.

The following are a few examples of 21 different area organizations that 50 YRTC-K groups partnered with in 2015/16 including UNK, Salvation Army the YMCA.

YRTC-K youth groups attended UNK wrestling meets, football, basketball, baseball and volleyball games. Groups cleaned up following the events.



- Three YRTC groups set up for UNK's Annual Spring Concert, this year featured country music star "Cole Swindell". Groups then were given tickets to attend the concert. This was the 12<sup>th</sup> year for this partnership with UNK.
- ➢ For the 22 year, YRTC-K groups have been involved in the set up for the UNK Blue-Gold Day at the beginning of the fall semester. Three YRTC-K groups participated in this celebration by working and then taking part in the food and activities offered.
- One YRTC-K group helped set up and tear down for the Prince of Peace Catholic Church's Fall Festival. This is in its 4th year.
- Five YRTC-K groups set up for concerts held at the Museum of Nebraska Art in downtown Kearney. This is the 10<sup>th</sup> year for Creighton Living Unit to complete this project.
- Six truckloads of clothing bales were loaded by YRTC-K groups for the Salvation Army. This is the 21st year for this partnership. Groups also helped with filling food baskets. The Salvation Army provides gifts for youth to send home for their families. This is the 37<sup>th</sup> year for this partnership activity.
- One group helped with the Kearney Community Thanksgiving dinner at the Knights of Columbus. This was the 18<sup>th</sup> year for a YRTC group to volunteer their assistance. One group also helped serve the Thanksgiving and Christmas dinner at the Peterson Senior Center. This was the fourth year for this activity.
- ➢ Four YRTC-K groups helped with the Elks Hoop Shoot held in December. This was the 21st year YRTC-K helped with this event.
- One of the new organizational relationships this year was the "Crane River Theater" where a YRTC group helped with their annual "Zombie Run" held at the Kearney Archway Monument.
- > YRTC-K groups spent many hours with other organizations including care homes, Trails and Rails Museum, Jubilee Center and Yanney Park. There are many others too numerous to list.

# Support Services

#### Facility Budget

Business Office personnel, in conjunction with the Budget Unit of the Department of Health & Human Services, annually prepares the facility budget of funds appropriated by the State Legislature. A budget for each of the operation areas of the facility is included.

The following is the budget allocated to the facility by DHHS for the FY 2015/16.

	Budget	Total Expenditures
General Funds	\$11,083,217	\$10,153,840
Federal Funds	\$415,961	\$326,011
Cash Funds	\$1,229,584	\$1,199,313
Grand Total	\$12,728,762	\$11,679,164



#### Personnel

YRTC-K had 60 new hires, nine retirements, and 17 promotions/internal transfers.

The average tenure for YRTC-Kearney employees was 7.54 years.

All employees are required to attend training throughout the year. During the past year, YRTC-Kearney employees completed 15,050 hours of training. There were 60 new employees and four interns that attended Pre-Service training.

#### Food Service

During the 2015/16 fiscal year, the Food Service Department served 124,072 meals consisting of 106,232 youth meals and 17,840 staff meals. The average cost per meal was \$2.46. Meeting the Meal Pattern Requirements of the School Lunch and Breakfast Program, the rising cost of food, adding more fresh fruit and vegetables, adding an after school snack, adding fat free yogurt to each meal, and adding double portions at the evening meal are the biggest factors in the increase of the per meal cost.

Food Service provided birthday cakes to 95 youth on their birthdays. We also provided 101 picnic food items which included items such as chicken breasts, hamburgers, hot dogs, polish dogs with side items for picnics/cookouts that the youth enjoyed with their living units throughout the year. A special Thanksgiving Day meal with turkey and all the trimmings was prepared for the youth and their family.

A food preference survey of all youth on campus was completed in February with the results used in menu planning, adding/deleting menu items, and ideas for special events within the food service department. We utilize two menus a year, a Spring Menu and a Winter Menu and our 5 week

menu cycle features two Youth Choice meals with both menus. The Youth Choice meal gives each living unit an opportunity to choose a meal that is served to all youth and staff for an evening meal. We continue to follow the School Lunch Program requirements of reducing sodium and saturated fat, eliminating trans-fats, and increase the amount of fruit and vegetables, whole grains, and fat-free or low-fat options. The updates to the school meals program has increased the preparation time for each meal, the duties of each cook, and a contributing factor in the total food cost. All menus and recipes are reviewed and approved by a registered dietician contracted through GIVH.

#### <u>Maintenance</u>

During fiscal year of 2015/2016, the maintenance department and/or contractors complete the following projects:

- > Completed a remodel of the lower level of Lincoln Living unit.
- > Did a remodel of the lower level of Bryant Living Unit.
- > Started a major remodel on the lower level of Morton Living Unit.
- > Replaced the HVAC on the Chapel.
- > Installed security fence around Dickson Security Unit play pad perimeter.
- Replaced antiquated tube bundle type heater on pool with water jacket style to increase longevity and efficiency with less down time.
- > Erected digital sign on frontage by road.
- Cleaned and organized hog shed.
- > Conducted a tunnel survey, with a study to follow regarding condition and possible repair.
- Continued working with SBD and 309 Task Force to rectify high humidity issues in Lincoln/Washington and Bryant/Creighton.

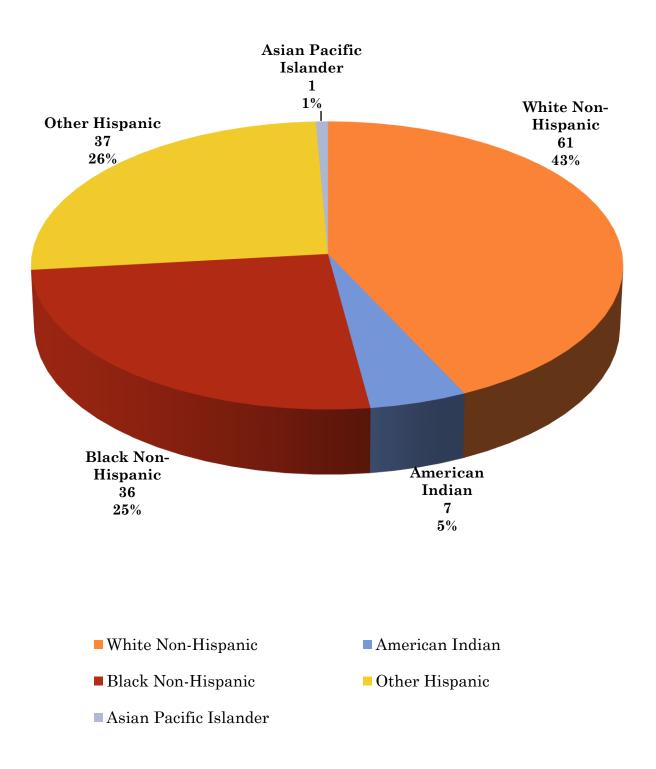
Service Area/County	Admissions	Percentage
Central Service Area		
Adams	3	2.11%
Buffalo	11	7.75%
Cherry	1	0.70%
Hall	7	4.93%
Harlan	1	0.70%
Holt	2	1.41%
Phelps	1	0.70%
TOTALS	26	18.31%
Eastern Service Area		
Douglas	31	21.83%
Sarpy	3	2.11%
TOTALS	34	23.94%
Northern Service Area		
Dakota	4	2.82%
Dodge	5	3.52%
Madison	6	4.23%
Pierce	1	0.70%
Platte	1	0.70%
Seward	1	0.70%
Wayne	1	0.70%
Winnebago (Tribal)	1	0.70%
York	1	0.70%
Totals	21	14.79%
Southeastern Service Area		
Cass	1	0.70%
Gage	4	2.82%
Lancaster	26	18.31%
Thayer	1	0.70%
Totals	32	22.54%
Western Service Area		
Dawson	6	4.23%
Furnas	1	0.70%
Keith	1	0.70%
Lincoln	12	8.45%
Scotts Bluff	9	6.34%
Totals	29	20.42%
Totals	142	100.00%

#### SFY 15/16 Admissions by Service Area

#### Offense **Total** Arson 1 Assault 27**Assault on Officer/Health Care** $\mathbf{2}$ **Attempted Robbery** 4 10 Burglary **Concealed Weapon** $\overline{7}$ Contributing to the Delinquency of a 1 Minor 1 **Criminal Impersonation** 13**Criminal Mischief Distribution of Drugs** 1 **Disturbing the Peace** 3 Escape 1 **False Information** $\mathbf{2}$ Leaving Scene of Accident 1 3 **Obstructing a Police Officer Possession of Controlled Substance** $\mathbf{5}$ **Possession of Drugs** $\mathbf{5}$ **Probation Violation** 4 **Resisting Arrest** 6 Robberv 1 Sexual Assault 2 Shoplifting $\mathbf{2}$ Strangulation 1 **Terroristic Threats** 4 Theft 28Use of Tobacco by Minor 1 4 **Trespass** Unauthorized use of Vehicle $\mathbf{2}$ **Total** 142

#### SFY 15/16 Admissions by Offense

#### SFY 15/16 Admissions by Race (142 Admissions)



#### SFY 15/16 Releases (144 Releases)

