

Assessing Trauma and Child Development:

1. Maximize the child's sense of safety. (Immediate)

- ☐ In-home safety plans in place if the child remains in home
- ☐ If out-of-home, safety plans or restrictions are developed about who may have access to the child and when
- ☐ If out-of-home, child has beloved objects that comfort her
- ☐ Child is with someone who makes them feel safe
- ☐ Routines or rituals are continued. Special considerations are made for the child's routines in calming and soothing care.

2. Support caregivers of the child in meeting the Child's needs. (Immediate)

- ☐ Caregiver knows and understands children age 0-5
- ☐ Immediate physical needs of child are resolved
- ☐ Caregiver has been given information about what has occurred in the child's life and is prepared on how to handle difficult situations which may occur.
- ☐ Caregiver has supports in place for respite that the child knows
- ☐ Caregiver has people/professionals to contact if she has questions about the child's behavior, mood, or needs
- ☐ Routine and schedule in the home meets the needs of the child (naps, meals, transitions)

3. Determine if referral for a child is needed

- ☐ screen whether child is exhibiting symptoms that indicate a need for referral
 - Refer to chart of behaviors
 - Ask the caregivers for weekly contact about the child's behavior, mood, and needs (eating, sleeping, or changes in play)
 - Contact other care providers about any changes in mood or behavior in the child
- ☐ Fill out the Child Welfare Trauma Tool
- ☐ Use decision tree to determine whether or not a referral should be made
- ☐ If behavior changes are reported, refer back to the referral tool and decision tree

Checklist for Infants and Toddlers

4. If decision tree ends with referral, choose a therapist who is trained and skilled and make referral

- ☐ Consider factors of therapist's skill, availability and experience:
 - What tools or assessments does the therapist use to determine whether or not treatment is necessary?
 - Is the therapist trained in Child Parent Psychotherapy or Parent-Child Interaction therapy?
 - Is the therapist trained in any other evidence based model of therapy for children 0-5?
 - Does the therapist have ongoing training, consultation and/or supervision?
 - Are there cultural competency issues or special needs that need to be addressed?
 - Is the clinician willing to participate in the court process, school/daycare meeting, team meetings etc.?
 - How soon will the child be seen?
 - Who needs to accompany the child?
- ☐ Make referral to the chosen therapist

5. Provide collateral information to the therapist

- ☐ Information about the traumatic event that occurred
- ☐ Early Development Network (EDN) Part C Evaluation if they have been done
- ☐ Pertinent medical information
- ☐ Signed releases to daycare, medical, and other providers
- ☐ Access to the biological parents and/or the foster parents

6. Maintain ongoing collaboration with the therapist

- ☐ Framework for therapy is developed including:
 - ☐ Goals for treatment
 - ☐ Who is to be involved in the treatment
 - ☐ Transportation for those involved in treatment
- ☐ Therapist has provided you an assessment within 30 days of seeing the child
- ☐ Therapist is invited to monthly team meetings, school/daycare meetings, or court proceedings, if necessary
- ☐ Therapist provides monthly updates about the progress of treatment
- ☐ Monthly updates include recommendations regarding the needs of the child
- ☐ Recommendations are being followed



CAPTA/EDN Part C Evaluation and Services:

- ☐ Make CAPTA Referral to local EDN (Early Development Network) Program (PS-90) - copy in file
- ☐ Ensure EDN evaluation includes social-emotional assessment
- ☐ Obtain PS-90/CAPTA referral outcome information from EDN – copy in file
- ☐ If parent is not responding to EDN for evaluation, request order from court

*If child qualifies for EDN:

- ☐ Obtain copy of MDE (Multi-Disciplinary Evaluation)
- ☐ Obtain copy of IFSP (Individualized Family Service Plan)
- ☐ Submit copies of MDE/IFSP to court/parties
- ☐ Attend IFSP meetings
- ☐ Submit copies of updated IFSP to court/parties
- ☐ Refer to Early Head Start (ages 0-2) or Head Start (ages 3-5)

*If child does not qualify for EDN:

- ☐ Obtain copy of MDE
- ☐ Submit copies of MDE to court/parties
- ☐ Re-Refer child for another EDN evaluation 6 months later if concerned with developmental delays
- ☐ Refer to Early Head Start (ages 0-2), Head Start (ages 3-5) or Pre-school program (ages 2-5)
- ☐ Include all above information in safety assessment and court report

Medical Care Checklist:

- ☐ Medical home is established/ maintained for child
 - ☐ Include information on medical home in court report
- ☐ Within 15 days of entering care, child has received comprehensive health examination (Well-child check/EPSDT)
- ☐ Provide pediatrician with collateral information regarding worker, parent, foster parent concerns of development and health of the child
- ☐ Child receives regular well-child check/EPSDT examination by pediatrician at:
 - ☐ Birth ☐ 1 month ☐ 2 months
 - ☐ 4 months ☐ 6 months ☐ 9 months
 - ☐ 1 year ☐ 15 months ☐ 18 months
 - ☐ 2 years ☐ 3 years ☐ 4 years
 - ☐ 5 years
- ☐ Encourage parent(s) to attend well-child check
 - ☐ Ensure parent has transportation
- ☐ EPSDT examination includes screening for:
 - ☐ Cognitive and language developmental delays
 - ☐ Gross-motor developmental delays
 - ☐ Social-emotional developmental delays
 - ☐ Vision
 - ☐ Hearing
 - ☐ Dental
- ☐ Provide results of well-child check to court/parties
 - ☐ Include information in safety assessment/court report
- ☐ Ensure pediatrician referrals for further evaluation and/or services have been implemented
 - ☐ Include information in safety assessment/court report
- ☐ Child receives all required immunizations at:
 - ☐ Birth-2 weeks ☐ 2 months ☐ 4 months
 - ☐ 6 months ☐ 12 months ☐ 15 months
 - ☐ 18 months ☐ 4 years
- ☐ Child receives lead testing at 12 months and 24 months
- ☐ Child receives eye exam by age 3 and every year thereafter
 - ☐ Obtain results of eye exam
 - ☐ Submit copies of eye exam to court/parties
 - ☐ Includes results from eye exam in safety assessment/court report
- ☐ Child receives dental exam by age 1 and every 6 months thereafter
 - ☐ Obtain results of dental exam
 - ☐ Submit copies of dental exam to court/parties
 - ☐ Include results from dental exam in safety assessment/court report



Child Care Checklist:

- ☐ Child has been enrolled in daycare, if needed
 - ☐ Payment has been arranged (change from private pay to Title XX)?
 - ☐ Does the current childcare accept Title XX?
 - ☐ Visit the childcare within 7 days to assess quality.
- Date Visited: _____

Are the following items present?

- ☐ Positive relationships (Does the child seem happy-excited- engaged?)
- ☐ Plan for support if behavior changes
- ☐ Safe environment
- ☐ Best practice or developmentally appropriate activities
- ☐ Substantial amount for children to experience free playtime
- ☐ Does the staff have training on supporting children in out of home care?
- ☐ Discipline policy that matches developmentally appropriate expectations.

Check in at:

- ☐ 2 weeks

Notes: _____

- ☐ 6 weeks

Notes: _____

- ☐ 4 months

Notes: _____
