

# BENCH CARD: Aging Out Resources



**Aging  
Out  
of the  
System**



## Where to Start?

The first place a young person can look for help is their area's **Central Navigator**. The Central Navigator can provide numbers and websites specific to the young person's needs. This contact list is updated about once per month, as information does change. The most updated version can always be found on the Nebraska Children website under "Vital Links" and "Community Coordinators/Central Navigators contacts" at this link: [https://www.nebraskachildren.org/file\\_download/b549741b-2c17-4559-a7fc-4e21b77164ab](https://www.nebraskachildren.org/file_download/b549741b-2c17-4559-a7fc-4e21b77164ab)

The common referral form that can be used for any young person across the state to access all of the supports/services of **Connected Youth Initiative** is on the Project Everlast Omaha website at this link: [https://www.projecteverlast.org/referral\\_form.html](https://www.projecteverlast.org/referral_form.html)

Young people, case workers, etc. can access central navigation either by contacting the Central Navigator in their area (see above) or by completing the common referral form.

## Medical

- **Medicaid** — Free or low cost health coverage.
  - <https://www.healthcare.gov/medicaid-chip/getting-medicaid-chip/>
- **CHIP/Subsidy** — low cost health coverage for children under 19 yrs of age or primary caregiver who do not qualify for Medicaid.
  - <https://www.benefits.gov/benefit/1607>
- **B2i Program** — Bridge to Independence Program — helps with funding for housing, Medicaid and case management .
  - <http://dhhs.ne.gov/pages/bridge-to-independence.aspx>
- **Extension of Adoption or Guardianship Subsidy/Assistance** — continued funds to guardians, adoptive parents and Medicaid coverage if eligible.

## Mental Health - with resources for Housing and Case Management

- **DHHS** — Mental health, treatment and recovery assistance-link to all 6 regions for assistance mainly with housing for those with mental health/substance abuse.
  - <http://dhhs.ne.gov/Pages/Addiction-Treatment-and-Recovery.aspx>
- **Region 1 — Panhandle**
  - **HART program** — Housing Assistance Rental Transition Program-assist those 18+ with mental disorders or substance abuse dependency with housing.
    - <https://www.region1bhs.net/vnews/display.v/SEC/Services%7CHART%20Program>
- **Region 2 — Southwest**
  - **Youth Care Coordination** — a wraparound program for high risk youth and young adults.
    - <https://www.r2hs.com/services.html>

- **Region 3 — Central**
  - **Co-op for SUCCESS** — a wraparound planning and coordination of existing services/resources
    - <http://region3.net/Services-Programs/Professional-Partner-Program/Co-Op-for-SUCCESS>
- **Region 4 — Northern**
  - **Transitions Housing Voucher Program** — "Housing First Model"
    - <https://region4bhs.org/Programs-Services/Housing-Assistance>
- **Region 5 — Southeast**
  - **FYI** — Family and Youth Investment Program
    - <https://region5systems.net/how-we-help/family-youth-investment-program/>
  - **TAPP** — Transition Age Professional Partner-serves young adults age 18-24 with serious mental illness and are transitioning from youth to adult behavioral health systems.
- **Region 6 — Omaha Metro**
  - **TAYRAP** — Transitional Age Youth Rental Assistance Program-an 18 month rental assistance program for those age 18-26 with a transition subsidy to help transition them into paying full rent
  - **RentWise** — tenant education program to help young adults in money management skills to build credit to qualify for a mortgage.
    - <https://www.regionsix.com/programs/housing/>

## Nebraska DHHS Community Support Specialists (CSS)

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## Nebraska Children and Families/ChatBot Title

Text HELP to 402-226-5842