

ODR Approved Centers Offering Mediation of Parenting Plans:

*For more information about mediating a parenting plan,
please contact the mediation center listed below serving
the region that you live in.*

Central Mediation Center

Kearney, NE | 308-237-4692
info@centralmediationcenter.com

Concord Mediation Center

Omaha, NE | 402-345-1131
contact@concord-center.com

The Mediation Center

Lincoln, NE | 402-441-5740
info@themediationcenter.org

Mediation West

Scottsbluff, NE | 308-635-2002
info@mediationwest.org

Nebraska Mediation Center

Fremont, NE | 402-753-9415
nmc@nebraskamediationcenter.com

The Resolution Center

Beatrice, NE | 402-223-6061
info@theresolutioncenter.org

Nebraska Supreme Court Office of Dispute Resolution (ODR)

P.O. Box 98910
Lincoln, NE 68509

ODR Website:

[https://supremecourt.nebraska.gov/
programs-services/mediation/parenting-act-
mediation](https://supremecourt.nebraska.gov/programs-services/mediation/parenting-act-meditation)



Parenting Time, Mediation, & You



Parenting Time, Custody, & Child Support

Even if you have been ordered by a court to pay or receive child support, you may not have parenting time, or custody rights established. This must be done by a separate court order. Mediation can help you and the other parent write a parenting plan to establish parenting time and custody with the courts for your child or children.

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of the Nebraska State Court Administrator's Office.
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For Persons with disabilities, this brochure will be made available
in other formats upon request. Call the Office of the State Court
Administrator, 402-471-3730

ODR Mediation Center Sliding Fee Scale Guidelines*

Calculations based on Federal Income Guidelines printed in the Federal Register, Vol. 84, No. 22, February 1, 2019, pp. 1167-1168 | *Guidelines Updated Annually

Family Size	Annual Income and % of Poverty Level							
	100%	125%	175%	210%	245%	280%	315%	350%
1	12,490	15,613	21,858	26,229	30,601	34,972	39,344	43,715
2	16,910	21,138	29,593	35,511	41,430	47,348	53,267	59,185
3	21,330	26,663	37,328	44,793	52,259	59,724	67,190	74,655
4	25,750	32,188	45,063	54,075	63,088	72,100	81,113	90,125
5	30,170	37,713	52,798	63,357	73,917	84,476	95,036	105,595
6	34,590	43,238	60,533	72,639	84,746	96,852	108,959	121,065
7	39,010	48,763	68,268	81,921	95,575	109,228	122,882	136,535
8	43,430	54,288	76,003	91,203	106,404	121,604	136,805	152,005
No Fee - Nominal Fee			50%	60%	70% % of Mediation Fee Charged	80%	90%	100%

How Does Mediation Work?

- Mediators will meet with each parent privately at least once prior to starting mediation. Mediation may be held jointly or separately depending on what the mediator feels best meets the needs of each family.
- Mediators will ask questions to help parents identify the key issues that need to be discussed and agreed upon.
- Both parents will have the opportunity to share their view of the situation. Open and honest discussion is encouraged, including bringing your emotions to the table.
- Mediators help parents discover win/win solutions whenever possible.
- The mediator will put the agreement reached into a written parenting plan, parents then submit this document to the court.

What if I Cannot Afford Court Fees?

If you cannot pay the court filing fees, you may file an Affidavit and Application to Proceed *In Forma Pauperis*. <https://supremecourt.nebraska.gov/affidavit-application-proceed-forma-pauperis-english>

Where Can I Get Legal Help?

If you want legal help, information is available on the self-help website. <https://supremecourt.nebraska.gov/self-help/families-children/establishing-paternity-custody-parenting-time-child-support>

Why Make a Parenting Plan?

Parenting plans include details on what parenting functions are to be expected from each parent at given times to make sure all needs of the children are met. Each parent brings their own unique benefits to their children, and in designing their parenting plan themselves, parents can design the best possible parenting plan for their child(ren).

What Does a Parenting Plan Include?

- **Who has “Legal Custody” or decision making rights for the child(ren)?** Parents will decide if one parent should make decisions alone or how both parents will make decisions together.
- **Who has “Physical Custody” of the child(ren)?** This can be sole or joint physical custody and is separate from legal custody.
- **Parenting time schedule.** Even if one parent has sole physical custody, a plan will need to be established for when the other parent will have parenting time.
- **Holiday and vacation parenting time schedule.** To make sure that children spend time with each parent for special occasions.
- **Extra-curricular activities.** Decisions such as who pays for extra-curricular activities, sharing activity schedules and if and when both parents will attend the children’s activities.
- **Communication.** Details of when and how the parents will communicate with each other regarding the children with day to day issues or in the event of an emergency.
- **Transportation/Transition.** This will ensure both parents know who is responsible for transporting the child(ren) when they transition from parent to parent. Any special accommodations that might ensure a smoother transition for children can also be addressed in the parenting plan, such as bringing a favorite blanket or stuffed animal.
- **Other appropriate issues that parents agree to include in the parenting plan.**

