



## Probation Service Definition

ADMINISTRATIVE OFFICE OF PROBATION

<b>SERVICE NAME</b>	<b>Partial Hospitalization</b> <span style="float: right;"><input type="checkbox"/> Adult <input checked="" type="checkbox"/> Juvenile</span>
<b>Category</b>	Mental Health
<b>Setting</b>	Psychiatric hospital or general hospital with a psychiatric unit; capacity to serve youth on a voluntary basis.
<b>Facility License</b>	Required Nebraska state licensing.
<b>Service Description</b>	<p>Partial hospitalization is a hospital-based treatment services that is not as intense as acute inpatient hospitalization, it is the next level down in regard to services. The level of intensity is similar to an inpatient services, but on less than a 24-hour basis. These services include a therapeutic environment, nursing services, psychiatric evaluation, medication management, group, individual and family therapy. Typically, the youth poses a significant danger to self or others, or displays severe psychosocial dysfunction.</p> <p>Partial hospital treatment may be appropriate when a youth does not require the more restrictive and intensive environment of a 24-hour inpatient or residential setting, but a minimum of six hours of therapeutic services each day.</p> <p>Partial hospitalization can be used both as a transitional level of care (e.g., step-down from inpatient or residential treatment) as well as a stand-alone level of care to stabilize a deteriorating condition and avert hospitalization or residential treatment</p>
<b>Service Expectations</b>	<ul style="list-style-type: none"> <li>• Before admission for the partial hospitalization services or prior to authorization for payment, a physician with a specialty in psychiatry must make a medical evaluation of the youth’s need for care in the partial hospitalization service. An interdisciplinary/bio-psychosocial, trauma- informed evaluation and screening for substance use disorder, as needed, must be conducted by licensed clinician.</li> <li>• Psychiatric diagnosis evaluation and nursing assessment completed within 24 hours of initiating services</li> <li>• An initial treatment/recovery plan developed by the multidisciplinary team (including the youth, their family or other supports as appropriate) integrating individual strengths and needs, stating measurable goals, and including a documented discharge and relapse prevention plan completed within 24 hours of admission</li> </ul>

	<ul style="list-style-type: none"> <li>• The individual treatment/recovery plan is reviewed at least weekly and more often as necessary, updated as medically indicated, and signed by the treatment team members including the youth being served.</li> <li>• Discharge planning begins at the time of admission and includes: next appropriate level of care arrangements, scheduled follow-up appointments and assistance for the youth/family to develop community supports and resources. Consultation with community agencies on behalf of the youth/family.</li> <li>• Medication management</li> <li>• Consultation services available, as needed, for general medical, dental, pharmacology, dietary, pastoral, emergency medical, therapeutic activities.</li> <li>• Laboratory and other diagnostic services, as needed. On-site nursing services are readily available</li> <li>• Individual, group, and family therapy services</li> <li>• School, if provided, needs to meet education requirements of a Level III service. School hours are not included in the minimum required treatment hours</li> <li>• Recreation and social services</li> <li>• Access to community-based rehabilitation/social services that can be used to help the youth transition to the community</li> <li>• Face-to-face psychiatrist (APRN under psychiatrist supervision) visits 4 of 5 days</li> <li>• Staff must be available to schedule meetings and sessions at a variety of times in order to support family/other involvement for the youth</li> </ul>
<b>Service Frequency</b>	<p>Partial Hospitalization may be available 7 days/week with a minimum availability of 5 days/week.  A minimum of 6 hours per day of treatment services (full day)  A minimum of 3 hours of treatment services per day (half day) a minimum of 5 days per week.  Services per the following schedule:</p> <ul style="list-style-type: none"> <li>• Individual therapy - minimum of two (1) hour sessions per week</li> <li>• Group – minimum daily</li> <li>• Family therapy - minimum of one per week</li> <li>• Recreation therapy – minimum daily</li> <li>• Psycho-educational groups – minimum daily</li> </ul>
<b>Length of Stay</b>	<p>The typical length of stay is 2 - 4 weeks. Length of stay is variable depending on presenting psychiatric symptoms and diagnosis but considering its time-limited expectations, a period of 14 to 28 days with decreasing attendance hours is typical.</p>

<b>Staffing</b>	<p><b>Special Staff Requirements for Psychiatric Hospitals:</b></p> <ul style="list-style-type: none"> <li>• Medical Director (Board or Board-eligible Psychiatrist) Psychiatrist(s) and/or Physicians(s)</li> <li>• APRN(s) (with psychiatric specialty)</li> <li>• APRN or (RN) with psychiatric experience</li> <li>• RN(s) and APRN(s) (psychiatric experience preferable); 24-hour nursing staff with a least 1 RN per shift</li> <li>• LIMHP, LMHP, LADC, LIMHP/LADC, Psychologist (or ASO approved provisional licensure)</li> <li>• Director of Social Work (MSW preferred)</li> <li>• Social Worker(s) (at least one social worker, director or otherwise, holding an MSW degree)</li> <li>• Technicians, high school with JCAHO approved training and competency evaluation; 2 years of experience in mental health service preferred.</li> </ul>
<b>Staff to Client Ratio</b>	<p>The minimum service staff to youth ratio is 1:3. The minimum therapist to youth ratio is 1:8.</p>
<b>Hours of Operation</b>	<p>Service operates during day, evening hours and weekend hours.</p>
<b>Service Desired Outcomes</b>	<ul style="list-style-type: none"> <li>• Acute psychiatric and/or substance use disorder symptoms are stabilized. The youth no longer meets clinical guidelines for partial hospitalization in a hospital setting.</li> <li>• Sufficient supports are in place and the youth can move into a less restrictive therapeutic environment.</li> <li>• Treatment plan goals and objectives are substantially met.</li> </ul>
<b>Unit and Rate</b>	<p>Per Full Day = 6 hours. Per Half Day = 3 hours.</p>

[Click to direct to Service Interpretive Guideline]

